What our services provide
Safety in the home is our main priority. Our service is family focused - we work with the adolescent to understand their emotions and behaviour, learn skills including conflict resolution, communication and managing emotions. We also focus on other issues like alcohol and other drug use, school and employment and mental health.

We work with parents to learn new parenting approaches, improve family relationships and manage family conflict.

How do I get an appointment?
To access our services phone

1300 665 781

or drop in to your local Community Health Service and ask to speak with an Access Worker from 8.30 am - 5.00 pm Monday to Friday.

Locations

Frankston Community Health
Frankston Integrated Health Centre
Hastings Road, Frankston, 3199
Phone: 9784 8100
Melways Ref: 100A G11

Hastings Community Health
185 High Street, Hastings, 3915
Phone: 5971 9100
Melways Ref: 154 F11

Rosebud Community Health
38 Braidwood Avenue, Rosebud, 3939
Phone: 5986 9250
Melways Ref: 170 A2

Mornington Community Health
62 Tanti Avenue, Mornington, 3931
Phone: 5970 2000
Melways Ref: 104 F11

The information contained in the brochure is intended to support, not replace, discussion with your doctor or health care professionals.

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Authorising Department: Community Health

Peninsula Health
PO Box 52
Frankston Victoria 3199 Australia
Telephone 03 9784 7777
www.peninsulahealth.org.au

SERVICE INTEGRITY COMPASSION RESPECT EXCELLENCE
Adolescent violence in the home. Parents, friends, siblings and other family members may be affected.

Questions you may be experiencing:

- Am I in danger?
- Does my adolescent want to hurt me or my property?
- Am I at risk of significant harm to myself or others?
- Is there someone else in my family who might be harmed or is there someone else who is at risk of being harmed?
- Am I at risk of suicide?
- Is my adolescent at risk of suicide?
- Am I safe?
- Am I safe when I am alone?
- Am I safe when I am not alone?
- Am I safe when I am with friends?
- Am I safe in my home?
- Am I safe in my community?
- Am I safe when I am in school?
- Am I safe when I am in the community?
- Am I safe when I am in the world?
- Am I safe when I am in the universe?
- Am I safe when I am in the galaxy?
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